



Our intention is to fulfill a community need for holistic, primary care medicine.

In addition to treating the primary health concern, whether it be symptoms or other underlying conditions, this center recognizes the importance, like in nature, of healing through transformation.

It is by listening that we treat the entire individual. We gain inspiration from this model of healthcare, and as such, value community and promote good practices for the environment. This is our way of being mindful and compassionate. Thank you and blessings extend for your good health and happiness.

[lotusew.com](http://lotusew.com)

## Contact

310.828.8258  
[info@lotusew.com](mailto:info@lotusew.com)  
[lotusew.com](http://lotusew.com)



### Address

2104 Wilshire Blvd  
Santa Monica, CA 90403

### Hours

Open Monday – Saturday  
9:00 am – 5:30 pm\*

\*Additional hours by appointment only

### Cancellation Policy

24-hour notice

### Note

Kindly allow enough time for traffic and parking so that you can arrive relaxed and on time for your scheduled appointment

Details at [lotusew.com/directions.html](http://lotusew.com/directions.html)

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**LOTUS**  
EAST-WEST  
MEDICAL CENTER

2104 WILSHIRE BLVD  
SANTA MONICA, CA 90403

## Primary Care Medicine

Holistic and  
Environmentally  
Conscious



310.828.8258  
f 310.828.5258

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## Environmentally friendly, holistic, primary care center

Our intention of healing goes beyond treating a simple symptom. We take extra time and care in working with our patients in order to treat the root of their health concerns in addition to being mindful of our center and the planet we live in.

You can choose which modality you would like for your primary caring - acupuncture and Oriental medicine (traditional Chinese medicine), naturopathic medicine or contemporary biomedicine (i.e. modern western medicine - medical and osteopathic doctors). Then, depending on your needs, you can work in conjunction with practitioners of the other modalities to fully address your health goals.

We also offer psychotherapy / health and wellness consulting to support the process of transformation in your healing.

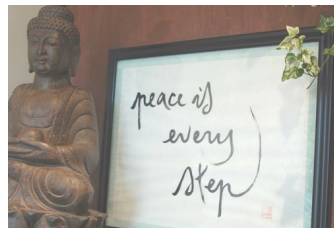
As the first holistic primary care center to be a certified green business, we take pride in making greener choices from the non-existence of formaldehyde in our bamboo floors to the organic cotton in the pillowcases, because to strive for better

health, we must also take care of our home - this planet earth.



Whether you are coming in for general well-being or have a particular health concern, we are here to help you address it in a caring and nurturing environment.

As a family practice, primary care facility, we can address most conditions, for all ages, that are not considered medical emergencies. Your treatment will extend outside of your visit to include lifestyle, exercise and nutritional recommendations.



[lotusew.com](http://lotusew.com)

## Conditions we treat

In addition to basic care, and support of good health, some of our practitioners have additional specialized training in . . .

Women's and Men's Health  
Pain Management and Orthopedics  
Internal Medicine  
Reproductive Health (i.e. fertility, postpartum)  
Dermatology and Facial Rejuvenation  
Anxiety and Stress Management  
Digestive Health

A list of conditions our team of healthcare providers can treat is perhaps too long to show here. Some commonly treated conditions include:

- acne
- addiction
- allergies
- asthma
- anxiety/depression
- arthritis
- autoimmune disorders
- back, shoulder and/or neck pain
- bronchitis
- effects of chemotherapy
- emotional blocks
- eczema
- fatigue
- gastrointestinal disorders
- grief/loss
- hormonal disorders
- infertility
- insomnia
- migraines
- PMS
- preparation and recovery from surgery
- sciatica
- sinusitis
- skin disorders
- stress
- trauma (physical or emotional)
- vertigo

Please contact us if you have a particular health concern or goal.